

4th Young IFSO Edition
3rd Naples Edition



BECOME A METABOLIC BARIATRIC SURGEON

FULL IMMERSION FOR YOUNG SURGEONS - 3rd Naples Edition

10 -12th of June, 2026

Center of Biotechnologies
"Antonio Cardarelli" Hospital
Naples, Italy

Directors *Sonja Chiappetta - Vincenzo Bottino*

Honorary Faculty: *Michel Gagner, Christine Stier, Rudolf Weiner*



COURSE PRESENTATION

Metabolic bariatric surgery (MBS) has become a well-established subspecialty within general surgery and has demonstrated safety, efficacy, and long-term durability in the treatment of severe and moderate obesity as well as its related comorbidities worldwide.

However, achieving optimal outcomes requires years of structured training in experienced high-volume centers. Surgical complications may arise in the absence of standardized global education and training pathways. Currently, training opportunities in MBS vary significantly worldwide, and expectations and available resources differ considerably among young surgeons (1).

Two international expert surveys conducted by the Young-IFSO group highlighted the lack of a standardized global surgical curriculum in MBS as well as in endoscopic bariatric therapies during surgical residency (1,2).

In response to these findings, the Young-IFSO Board launched the “Become a Metabolic Bariatric Surgeon” series in 2024. The initiative aims to provide young surgeons with structured, global, and practical education to improve the multimodal treatment of obesity (3).

The primary objective of this laparoscopic Animal Lab is to advance surgical education through a mentor–trainee model. Young surgeons will receive supervised hands-on training in primary metabolic bariatric procedures, including Sleeve Gastrectomy, Roux-en-Y Gastric Bypass (RYGB), One Anastomosis Gastric Bypass (OAGB), and gastric banding. Surgical tips and technical refinements will be conveyed directly by expert faculty in a face-to-face learning environment.

The second training day will focus on robotic surgery and endoscopic bariatric therapies, including primary obesity treatment with endoscopic sleeve gastropasty and endoscopic management of complications.

Furthermore, participants will be introduced to magnetic surgery and the creation of a linear magnetic compression anastomosis, representing one of the most recent innovations in MBS.

1. Felsenreich DM, Yang W, Taskin HE, Abdelbaki T, Shahabi S, Zakeri R, Talishinskiy T, Gero D, Neimark A, Chiappetta S; Young IFSO Collaborative Group. Young-IFSO Bariatric/Metabolic Surgery Training and Education Survey. *Obes Surg.* 2023 Sep;33(9):2816-2830. doi: 10.1007/s11695-023-06751-8. Epub 2023 Jul 28. PMID: 37505341.
2. Felsenreich DM, Batista Dantas AC, Shahabi S, Abdelbaki TN, Zakeri R, Nagy ME, Gero D, Ruiz-Úcar E, Dong ZY, Yang W, Jenkins M, Chiappetta S; Young-IFSO Collaborative Group. Young-IFSO Endoscopy Training and Education Survey. *Obes Surg.* 2025 Jul;35(7):2498-2505. doi: 10.1007/s11695-025-07915-4. Epub 2025 Jun 3. Erratum in: *Obes Surg.* 2025 Jul;35(7):2506-2509. doi: 10.1007/s11695-025-07977-4. PMID: 40457112;PMCID:PMC12271299.
3. Chiappetta S, Pascotto B, Vladimirov M, Coste T, Felsenreich DM. Become a Bariatric and Metabolic Surgeon: The Young IFSO Training Program. *Obes Facts.* 2025 Dec 4:1-2. doi: 10.1159/000549872. Epub ahead of print. PMID: 41343421;PMCID:PMC12788862.

Sonja Chiappetta, Vincenzo Bottino

OBJECTIVE

- To provide laparoscopic and robotic hands-on experience in bowel anastomosis, stapling techniques, and intracorporeal suturing.*
- To familiarize participants with key principles and techniques in common bariatric procedures.*
- To provide updated knowledge regarding endoscopic bariatric therapy and complication management.*
- To teach the principles and technical steps required to create a magnetic compression anastomosis in gastrointestinal surgery.*
- To develop skills in interpreting scientific literature and conducting clinical research.*

JUNE 10

10.00 am - 2.30 pm Full immersion DRY LAB

02:30 pm - 05:00 pm **COURSE INTRODUCTION**

Welcome Addresses

Management A.O.R.N. Cardarelli

Welcome Introduction Ospedale Evangelico Betania

V. Bottino

Young-IFSO Welcome - Become a Metabolic Bariatric Surgeon

S. Chiappetta/ D.M. Felsenreich

Can we still prevent the Obesity Pandemic? The Longevity Diet

R.I. Cervigni - Fondazione V. Longo

History of Metabolic Bariatric Surgery and anatomy of the porcine model

R. Weiner

Magnetic Surgery

M. Gagner

History of Endoscopic Bariatric Therapies

C. Stier

08:30 am How I built up my metabolic bariatric career - Report from the Young IFSO President
D. M. Felsenreich

08:50 am Robotic Metabolic Bariatric Surgery
B. Pascotto

09:10 am Supplementation during metabolic bariatric surgery
E. Aarts

09:30 am - 04:30 pm **PRACTICAL PART**

GROUP 1 ANIMAL LAB

Laparoscopic animal lab with Live registration

Tutors: *C. Birlog, M. Celiento, K. Dolezalova, M. Elsayed Nagy, D.M. Felsenreich, A. Neimark, E. Ruiz Ucar*

GROUP 2 PARKOUR



01.30 pm **Sponsored Lunch symposium**

05.00 pm Closure of the day



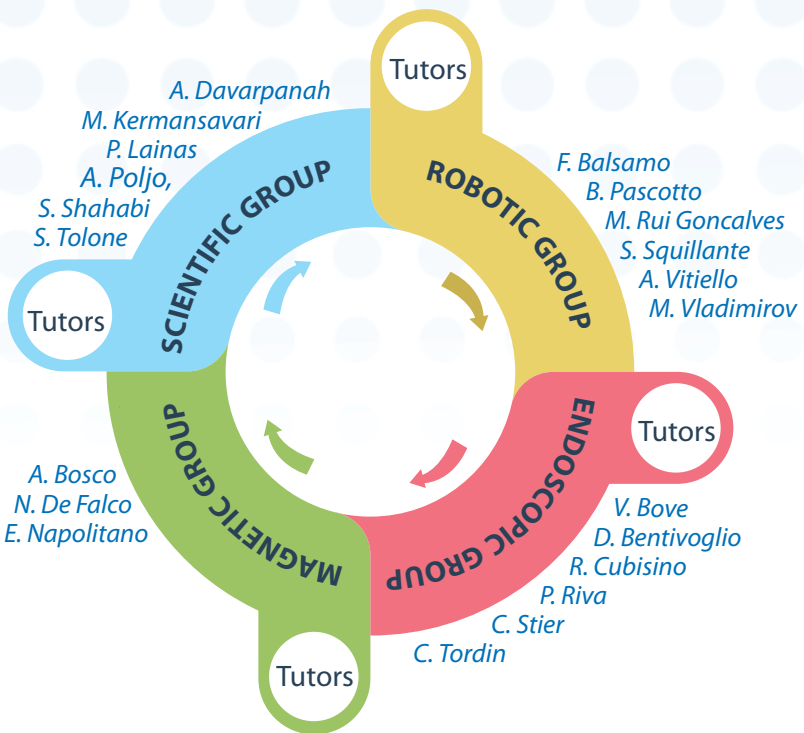
JUNE 12

08:30am The Multimodal Treatment of Obesity
P. Lainas

09:00am Obesity management medications (OMMs)
C. Birlog

09:30 am - 04:30 pm **PRACTICAL PART**

GROUP 1 **PARKOUR**



GROUP 2 ANIMAL LAB

Laparoscopic animal lab with Live registration

Tutors: *C. Birlog, M. Celiento, K. Dolezalova, M. Elsayed Nagy,
D.M. Felsenreich, A. Neimark, E. Ruiz Ucar*




































01.30pm Lunch buffet

04.00pm Debriefing and live presentation of 3 Animal Lab Cases
(Touch Surgery™)

04.30pm Evaluation of the Course

05:00pm Closing Remarks

FACULTY

-  Aarts Edo *Netherland*
-  Balsamo Francesca *Italy*
-  Bentivoglio Davide *Italy*
-  Birlog Clarisa *Romania*
-  Bosco Alfonso *Italy*
-  Bottino Vincenzo *Italy*
-  Bove Vincenzo *Italy*
-  Celiento Marta *Italy*
-  Cervigni Romina Ines *Italy*
-  Chiappetta Sonja *Italy*
-  Cubisino Rossella *Italy*
-  Davarpanah Amir *Iran*
-  De Falco Nadia *Italy*
-  De Wever Nick *Belgium*
-  Dolezalova Karin *Czech Republic*
-  Elsayed Nagy Mostafa *Egypt*
-  Felsenreich Daniel Moritz *Austria*
-  Gagner Michel *Canada*
-  Kermansavari Mohammad *Iran*
-  Lainas Panagiotis *Greece*
-  Napolitano Errichetta *Italy*
-  Neimark Aleksandr *Russia*
-  Pascotto Beniamino *Luxembourg*
-  Poljo Adisa *Switzerland*
-  Riva Pietro *Italy*
-  Rui Goncalves Mario *Portugal*
-  Ruiz Ucar Elena *Spain*
-  Shahab Shahabi *Iran*
-  Squillante Simone *Italy*
-  Stier Christine *Germany*
-  Tolone Salvatore *Italy*
-  Tordin Chiara *Italy*
-  Vitiello Antonio *Italy*
-  Vladimirov Miljana *Germany*
-  Weiner Rudolf Alfred *Germany*

GENERAL INFORMATIONS

EUROPEAN CME ACCREDITATION

EUROPEAN UNION OF MEDICAL SPECIALISTS (UEMS)
EUROPEAN ACCREDITATION COUNCIL FOR CME (EACCME®)

The **BECOME A METABOLIC BARIATRIC SURGEON - FULL IMMERSION FOR YOUNG SURGEONS - 3rd Edition, NAPLES, Italy, 10/06/2026-12/06/2026** has been submitted to the European Accreditation Council for Continuing Medical Education (EACCME®)

To obtain CME EUROPEAN CREDITS Credits, participants should fill an evaluation form which will be distributed at the end of the Course. Subsequently, the certificate of participation will be send by email, including the number of credits obtained.

ITALIAN ECM CREDITS - FOR ITALIAN PHYSICIANS ONLY

The course obtained n. **17 ECM** credits for the following professions: Medical Surgeon specialized in General Surgery, Gastroenterology, Metabolic diseases and Diabetology, Internal Medicine. ECM credits will be assigned by the **Provider New Congress** (ID 1065) to all those who have attended for a minimum of 90% of the educational hours. Italian participants will need to sign in every day (10th, 11st, 12nd June) at the entrance and at the exit and pass the ECM TEST online with 75% correct answers, within 3 days of the end of the course.

REGISTRATION FEES (Surgeons and Residents)

Early registration Fees (until April 15, 2026)

IFSO member	€ 700
IFSO non member	€ 900
SICOB member	€ 700
SICOB non member	€ 900

Late registration Fees (from April 16, 2026)

IFSO member	€ 800
IFSO non member	€ 1000
SICOB member	€ 800
SICOB non member	€ 1000

Limited number of 30 participants (Surgeons and residents)

THE REGISTRATION FEE ENTITLES TO:

- Access to all sessions and exhibition area
- Welcome coffee, lunch buffet
- Certificate of attendance (PDF format)
- EACCME and Italian CME credits (in accordance with the relevant regulation)

GENERAL INFORMATIONS

COURSE VENUE

Centre of Biotechnologies “Antonio Cardarelli” Hospital - Building X
Via A. Cardarelli, 9 – Naples (Italy)

HOW TO REACH THE COURSE VENUE FROM THE AIRPORT

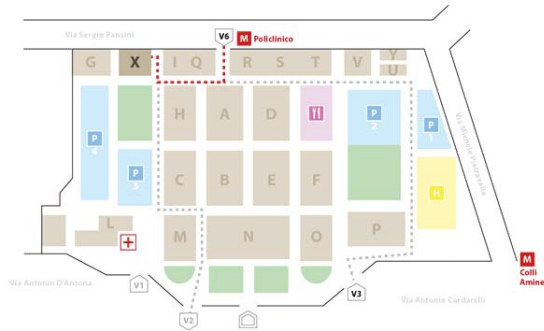
Naples has an International Airport called Capodichino. The Airport has good links to main European cities like London, Paris, Frankfurt, Munich and main Italian cities like Milan and Rome by direct flights. It is located at a 7 km from the city centre. To move from Capodichino International Airport or from the Central Train Station to Naples city centre, you can take the private bus named Alibus.

FROM THE RAILWAY STATION: From Naples Central Train Station, take the subway line 1 direction Piscinola. Stop at Policlinico station. Follow the signs for Cardarelli exit. It's the entrance V6 indicated in the map below. The Centre of Biotechnology is the last building (Pavillion X) on the left at the end of the street.

BY CAR: from the highway, procede on the ring road and take the exit “Zona Ospedaliera” direction Cardarelli. At the end of the ramp you will find at your right the car entrance of the hospital. You can leave your car in parking 1.

BY TAXI SERVICE:

There are several taxi companies, easily reachable by calling at the following telephone numbers:
 CONSORTAXI Tel. 0039 0812222 – TAXI NAPOLI Tel. 0039 0818888
 LA PARTENOPE Tel. 0039 0810101 – LA 570 Tel. 0039 0815707070



Subway Station Line 1	Main Entrance	Building X
Parking	Pedestrian Entrance	Pedestrian entrance recommended
Heliport	Vehicles Entrance	Route vehicles
Emergency Room	Vehicles exit	
Cafeteria	Emergency room entrance	

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